

March 7th- 13th

Are You Contagious?

In this lesson you will learn three ways we can be contagious.

Intro: Contagions start with infections. What have you been infected with, and who has infected you? Contagious means that which can be spread from one to another, catching. You are only contagious if you have been infected. As of today, 105,965 have been infected with the Corona virus. Close to 59,000 who were infected with the virus are now healthy and fully recovered. Only a small percentage of people infected have died. The virus can be spread by touch, or by contact with airborne pathogens from an infected person. Cold, flu, and corona viruses are not the only things that are contagious. Attitudes are contagious also.

I. Contagious Courage

- A. Attack the panic that is surrounding you. The news is selling fear. They are trying to make you panic, feel worried, and anxious. God has not given us the spirit of fear (2 Tim 1:7). He has given us a sound mind. We are the ones who have access to perfect peace. We don't have to live in fear of a virus, but we can take a stand and put a stop to the panic.

II. Contagious Faith

- A. Faith is voice-activated. So, speak life with your mouth. Don't use your words to describe your situation, but to change your situation. Life and death are in the power of your tongue (Prov 18:21). What are you releasing? You can't live in victory if you talk in defeat. Use your voice to spread faith to someone else. Start sneezing faith on the people around you. Faith faces the facts, but exalts God's promises over them.

III. Contagious Love

- A. Contagious love; sees you, hears you, touches you, and restores you. Nothing can separate us from the love of our father God (Rom 8:38-39). No caution tape, no quarantine, or barricade can keep God from reaching out to us in love. We need to take that unconditional love that He lavishes on us and spread it to those around us. We should infect our world with the love of God.

Discussion Questions

1. Are you infected with courage or the anxiety surrounding you?
2. Are you using your words to spread life & healing, or death and disease?
3. Is the love God placed in you quarantined, or is it breaking out infecting others?