

June 20th through June 26th

Keep Your Head Up

In this lesson you will learn three ways to keep your head up at all times.

Intro: Are you a kingdom without a king? Have you lost your head to feelings, distractions, or emotions? It's time to get your head up. Get your head out of your assumptions, your feelings, and your past hurts. The enemy is after your head. If the enemy can get in your head, then he can dictate your behavior by driving your emotions so that they run you out of control. If feelings are driving you, you won't accomplish your assignment. Do everything you can to unclog your head, unfog your mind, and get your head up.

I. Focus on God's Purpose

- A. Don't just focus on yourself and look with jealousy on other people and the blessing that God has poured out on them. Celebrate with those who are rejoicing and weep with those who are mourning (Rom 12:15). It's time to stop living out of our own feelings and see the bigger picture of what God is doing in the Earth. Partner with God & his agenda and be a part of the solution.

II. Focus on God's Presence

- A. When we tap into God's presence through prayer, worship, and praise, we lift our heads above our feelings and live with God as our focus. The presence of God will touch your mind and release you from the bondage of wrong mindsets and wrong imaginations. Once you focus on thanking God and identifying His goodness in your life, you will feel the anxiety and the worry melt off of your shoulders. Magnify God not your problems (Psa 34:3).

III. Focus on God's Power

- A. When you get your head up, you get a revelation of God's power. As John was caught up in the vision for the book of Revelation, he saw the power of God as lightning. The power of God is released and manifests in many varied ways. God's power is not limited to our resources, ideas, or possibilities. Start seeing God as your source. Always keep in mind that God has ways to deliver you that you haven't even thought of (1 Cor 2:9).

Discussion Questions

1. Are you focused on the problems around you, or on being a part of the solution?
2. Is your time focused on your feelings and emotions, or on praising & thanking God?
3. Is your mind focused on your limitations, or on God's wonder working power?